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Daily Disposable Contact Lens Instruction

LENS CARE INSTRUCTION:

Your contact lenses are prescription devices with a limited lifespan. Proper care is necessary for successful wear and good eye health. Please follow directions carefully.

- *Daily disposable lenses are meant to be thrown away after one day use.
- *They are not meant for sleeping, napping or swimming with them on.
- *Once you remove contact lens you may not put it back in your eye.
- *Use rewetting drops as needed and never put water in your eye.
- *Do not rinse lenses with water and do not put lenses in water.
- *Do not wear contact lenses in a hot tub.
- *Always bring glasses and a contact lens case with you when you are wearing contacts.

In the beginning it is
normal if:

1. Your eyes itch or feel funny
2. One lens is more noticeable then the other.
3. Vision is fuzzier than with glasses.
4. Vision is better in one eye then the other.

Remove contacts and call if:

1. You develop redness or pain.
2. You develop cloudy or foggy vision
3. You experience a change or decrease in your vision that does not clear up.
4. You suspect something is wrong.

NEXT APPOINTMENT: as discussed during your exam

NOTE:

* How well your eyes adapt to your lenses is the key factor in determining wearing time. Do not exceed the wearing schedule we have prescribed for you. At the end of your wearing cycle, remove the lenses from each eye, and throw them away.

*These brands have been specifically for your eyes. Since contacts vary from one manufacturer to another, do not change or substitute solutions unless you check with us first. Use of improper products may result in lens damage or eye irritation.

*Remember to wash your hands with soap and water for 20 seconds and dry them before you handle your contact lenses. Do not touch your face.

*If you feel ill with flu like symptoms discontinue contact lens wear until you feel better.

*Remember, like any prescription device, contact lenses must be monitored on a regular basis.

Professional follow-up care is the most important element in successful long term lens wear. Please keep your scheduled appointments.

I acknowledge that I have received and understand the above instructions on the care and handling of daily disposable contact lenses. I have also been informed of the necessity of periodic examinations to monitor my eye health and the condition of my contacts. I also understand that professional fees are not refundable. It is my understanding that improper use and inadequate care of my contacts can possibly cause eye irritation and corneal injury.

I acknowledge that all of my questions regarding the contacts, wearing schedule and care have been answered.

Signature_____

Date_____